

MediNail High Risk Pedicure Manicure Class Chart

Classes Risk 1-6	Diabetic	Vascular	Neuropathy	Chemotherapy TX	Immune	Skin or Nail Disorder*
Class 1 No restrictions But Salon Should have autoclave, use gloves, masks, Ventilation, and advanced training (AGMVT) normal pedicure	No Diabetes *No Fever No Infections ANYONE with a active FEVER should always be turned away as a fever represents infections in the body. Should always ask Questions	No problems Normal foot pulses, No Hx of Edema, PAD, no lower extremity stents, IR temps 75 or above, skin warm to touch (wtt) No Clotting disorders	No Problems Normal sensation, no burning or tingling	No Chemo or complications Normal Absolute Neutrophil Count (ANC) 1500 or higher	No Immune Diseases Normal (WBC) and RBC count no transplants / autoimmune rejection meds, no dialysis	No Skin or Nail Disorders No open lesions, no blisters
Class 2 AGMVT Two or more problems pedicure based on state protocol	Average BS control Under 110 A1C 5 or lower No Fever	Palpable Pulses no History of PAD, CLI, CHF or Edema foot temps 75 (wtt)	Intermittent burning and tingling	Chemo Absolute neutrophil count Normal 1500 or higher	No immune issues Normal WC and RBC counts, no dialysis	Nial or Skin Fungus like athletes' feet No open fissures or no blisters
Class 3 AGMVT 3 or more problems Careful pedicure non aggressive contact MD	Moderate Control over 110 normal A1C 6.5 to 7 No major complications No Fever	Pulses thready, Edema	Constant Burning and tingling on meds for pain	Chemo 1500 or higher ANC	Hx of Hep b/c, HIV active, RA or injection/IV arthritic meds	Fissures dry nonbleeding Hyper scaling of skin Intact Lesions or macerations
lass 4 Suggested you get a referral to coordinate aesthetic foot services notify DPM or MD	Poor Control Bover 150 A1C over 8 Complication Has either vison Hx of DM Ulcers Routine Foot Care	Difficult to find pulse IR Temperatures above 70 Hx of poor healing	Lack of Sensation or very painful to touch. Stumbles or use of cane for balance	Chemo ANC is 1000 to 750 Check with oncologist	Auto Rejection Meds, Transplant Hx, HIV, Dialysis	Bleeding Fissures, macerations, open blisters, drainage
Class 5 DPM or MD referral highly suggested for MNT services d	Insulin Pump BS over 200 leads to serious dehydration A1C over 9 Routine Foot Care	No Palpable Pulses, Discolor blue/ red skin Temp under 70 cool to touch (CTT)	No Sensations Or extremely painful touch Stumbles or use of cane for balance or pa	Chemo ANC lower than 550 Check with oncologist	Dialysis, Autoimmune meds, HIV active infection with Fever	Infections or cellulitic skin Red, hot or swollen
Class 6 No services without Rx referral and only with proper MNT training Experience certification	Previous amputation BS over 300 leads to critical dehydration immediate Transport to hospital for control IV insulin	No PT or DP Pulses CLI with Previous Amputation Cold foot below 70 Leg/Foot Red, Blue or Black coloration	No Sensation Previous Lesions or ulcers	Chemo ANC at 100 or lower	Active HIV High WBC or or very low WBC	Open Wounds Hot foot, red, hot and swollen skin & fever with Diabetes is an immediate emergency